

Dear Parents and Carers,

Thank you everyone for the work you are continuing to do with your children at home. I thought it would be useful to send a few reminders about e-safety so that everyone is kept safe online. All of our children have regular sessions in school reviewing safe use of the internet, below are some points for children to remember and some things for parents to check are in place:

- Please remind children to log in using their own usernames and passwords, and never give out their personal details
- Make sure that all privacy settings are up to date
- Make sure that your home virus software is up to date
- If your child is worried about something they see online, encourage them to talk to you and this can be reported.

The NSPCC have provided some useful information on keeping children safe online and this can be found via the following link:

<https://www.nspcc.org.uk/keeping-children-safe/coronavirus-advice-support-children-families-parents/>

The government has also produced a guide for parents with links to other websites for support and advice, this can be accessed via the following link:

<https://www.gov.uk/government/publications/coronavirus-covid-19-keeping-children-safe-online/coronavirus-covid-19-support-for-parents-and-carers-to-keep-children-safe-online>

### **Being active**

Lots of the children enjoyed the virtual PE session led by Mrs Phillips last week. This is something that Mrs Phillips will continue to do over the coming weeks so please do look out for the invites.

We know that it is really important for the health and wellbeing of children to be physically active every day. This is important for their health now but also for their future lives as adults. All of our teachers have provided ideas for children to be active at home, please encourage your children to do these activities as much as you can.

### **Website suggestions**

The RSPB will be running their annual Big Garden Birdwatch beginning on Friday 29<sup>th</sup> January, this is a great way to spend some time outdoors looking at the natural world. Their website can be accessed using the following link:

<https://www.rspb.org.uk/get-involved/activities/birdwatch/>

If you do take part in the Big Garden Birdwatch, please do let us know in school, as our Eco committee take part in the annual count and would be interested to know about the variety of birds spotted in our locality.

The story Museum in Oxford have posted on youtube a number of storytelling videos, these are free to watch and can be accessed via the following link:

<https://www.youtube.com/user/storymuseum>

### **COVID Infection rates in Cherwell**

The Oxfordshire Public Health Team have contacted schools in the Cherwell area and asked headteachers to send the following message to all families in school regarding the current high infection rates in our area:

*Stay at home – COVID kills*

*Cases are rising extremely quickly across **Cherwell – we're now one of the top 50 most affected areas in England.***

*COVID loves a crowd and as people continue to mix, it's spreading fast.*

*One in three people with COVID don't know they have it, but increasing numbers are being affected – and are dying. So, in order to minimise the risk to you and your loved ones, act like you've got it.*

*The vaccine will not start to have an influence for some weeks – and so the only weapon we have is to stay at home and avoid mixing.*

- *Only go shopping when essential*
- *shop alone and locally*
- *keep two metres apart from others*
- *wear a face covering*
- *remember that outdoor exercise is only allowed once per day.*

*This is real, it's affecting our economy, our children, our healthcare system and our own lives. We need to act now to stop the spread. For more information, visit [Coronavirus \(COVID-19\) | Oxfordshire County Council](#)*

#### **Other news**

Mrs Staniland has put together a Dinosaur trail in Yarnton, whilst this has been designed for children in KS1, everyone is invited to take part. The clues will be going up tomorrow around the village, so hopefully the children will enjoy taking part and will be another way to get the children outdoors being active!

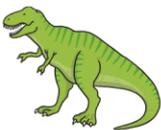
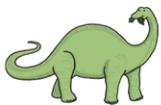
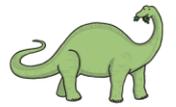
Best wishes

Deborah Nind and The WF Team



# Dinosaurs are on the loose in

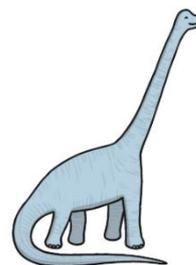
## Yarnton!



Footage from William Fletcher Primary school



Can you find all the footprints around the village and then find their matching dinosaur?



twinkl.com



