WHOLE SCHOOL PE CURRICULUM OVERVIEW

COGS:	Autumn 1 PERSONAL	Autumn 2 COGNITIVE	Spring 1 SOCIAL/CREATIVE	Spring 2 SOCIAL/CREATIVE	Summer 1 HEALTH+FITNESS	Summer 2 PHYSICAL
EYFS	Multi skills- Fundamentals of movement; balancing skills; coordination skills throwing and catching; agility skills.	Gymnastics- Experimenting with different shapes, jumps, ways of rolling, balancing. Moving along the floor in different ways. Moving on and off apparatus safely.	First PE- Experimenting with different ways of moving around a given area negotiating space. Coordination skills with a ball. Balancing skills.	Tennis- Developing the fundamentals of movement. Throw and catch a tennis ball. Balancing a ball.	May Day Dancing / Athletics	Athletics- Developing the fundamentals of movement. Running, jumping, throwing, balancing. Working with friends in a team.
Year 1 REAL PE +	Dance	Outdoor adventures	Indoor athletics	Gym/dance (May Day)	Gym/dance (May Day)	Football Ball skills
Year 2 REAL PE +	Dance	Outdoor adventures	Indoor athletics	Gym/dance (May Day)	Gym/dance (May Day)	Football Ball skills
Year 3 REAL PE +	Hockey	Gym	Dance	Netball	Tennis	Quidditch
Year 4 REAL PE +	Tag rugby	Volleyball/table tennis/badminton	Gym	Dance	Cricket	Athletics
Year 5 REAL PE +	Swimming	Gym	Dance	Netball	Tennis	Quidditch
Year 6 REAL PE +	Tag rugby	Volleyball/table tennis/badminton	Gym	Dance	Cricket	Athletics

*Above sessions/sports have been planned to cover all areas of the PE curriculum i.e. invasion games/striking and fielding/net and wall games.